



MEAT FREE

MEAT FREE

- MEAT FREE MONDAY

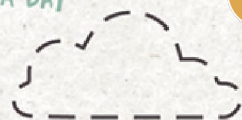
5
A DAY

5
A DAY

- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE



BE A
HIGH-FLYER.
A HEALTHY SCHOOL LUNCH
SUPPORTS YOUR LEARNING



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Beef Lasagne	Cajun chicken wrap	Roast Beef and Yorkshire Pudding	Chicken Tikka	Fish Sausages Fish Cake
Vegetarian Main Dish	Veg Lasagne	Pasta Bake	Quorn Roast and Yorkshire Pudding	Vegetable Tikka	Veggie Sausage Fish Fish Cake
Accompaniments	Potato Wedges Salad Bar	Crisp mixed salad Garlic and Herb Baby Potatoes Coleslaw	Seasonal Vegetables Gravy	Garlic Nann Bread Basmati Rice	Chips Garden peas Beans
Street Food	Pizza Jacket Potato (Tuna/Cheese/Beans) Panini BBQ Chicken Wrap	Pizza Jacket Potato (Tuna/Cheese/Beans) Panini BBQ Chicken Wrap	Pizza Jacket Potato (Tuna/Cheese/Beans) Panini Ham & Cheese Wrap	Pizza Jacket Potato (Tuna/Cheese/Beans) Panini Ham and Cheese Wrap	Pizza Jacket Potato (Tuna/Cheese/Beans) Panini BBQ Chicken Wrap
Mains Snack	Popcorn Chicken	Chicken Burger	Sausage Roll	Beef Burger	Donner Kebab



MENU