



MEAT FREE

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- MEAT FREE MONDAY

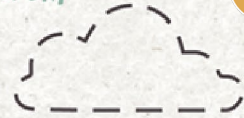
5 A DAY

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- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE



BE A HIGH-FLYER.
A HEALTHY SCHOOL LUNCH SUPPORTS YOUR LEARNING



| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------|--|--|--|--|--|
| Main Dish | Traditional Lasagne with garlic bread | Mexican chilli, rice, sour cream and salsa | Apple glazed roast pork, crispy roast potatoes and gravy | Chicken tikka and lemon infused rice | Crispy battered fish with chunky chips |
| Vegetarian Main Dish | Quorn And Vegetable Lasagne with garlic bread | Quorn™ chilli, rice, sour cream and salsa | Cheesy potato and leek pie topped with puff pastry served with crispy roast potatoes | Aubergine and chickpea Dhansak and lemon rice | Cheese tart and chunky chips |
| Accompaniments | Crisp mixed salad Salad bar | Crisp mixed salad Corn on the cob Salad bar | Steamed carrots and broccoli Salad bar | Green beans Roasted butternut squash Salad bar | Garden peas Crisp mixed salad Salad bar |
| Street Food | Pizza Panini Jacket potato (choice of fillings) | Pizza Panini Jacket potato (choice of fillings) | Pizza Panini Jacket potato (choice of fillings) | Pizza Panini Jacket potato (choice of fillings) | Pizza Panini Jacket potato (choice of fillings) |
| Italian Daily Special | Pasta Basillico | Amigo Meatballs | Pasta Arrabiata | Pasta Basillico | Pasta Arrabiata |
| Dessert | Lemon drizzle sponge with custard | Chocolate and orange cake | Eton mess | Fruit sponge | Chocolate and raspberry brownie |



MENU