

Smart bites for bright minds

Weekly Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Shawarma	Cottage Pie	Honey Roast Gammon	Chinese Chilli Chicken	Fish Fingers
Vegetarian	Vegetable Chilli	Cheese and Onion Quiche	Honey Glazed Vega Sausages	Vegetarian Noodles	Vegan Sausage Roll
Side Dishes	Rainbow Rice or Potato Wedges	Mash Potatoes	Mash Potatoes and Roast Potatoes	Firecracker Rice	Chips or Waffles Fries
Vegetable Options	Roasted Mediterranean Vegetables	Peas Green Beans	Cauliflower Cheese and Roast Root Vegetables	Stir Fry Vegetables	Mushy Peas Garden Peas
Pasta Option	Tomato and Basil Pasta	Mac and Cheese	Tomato Pasta	Mac and Cheese	Tomato Pasta
Sandwich Bread Option	Baguettes, Wraps, Sliced	Bagel	Bread Cake	Wrap	Sliced Bread
Hot Pudding with Custard	Jam and Coconut Sponge	Bread and Butter Pudding	Sticky Orange Pudding	Pineapple Upside-Down Cake	Apple Crumble
Cold Pudding					

Fresh salad bar and bread available daily 🥗 Fresh sandwiches - ham, cheese or tuna mayo on the above bread and served with a side salad
Fresh jacket potatoes - cheese, beans or tuna mayo served with a side salad 🥔 Daily pudding choices - jelly, fresh fruit or yogurt



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Weekly Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef Lasagne Homemade Garlic and Herb Bread	Chicken Tikka Masala	Roast Beef and Yorkshire Pudding	Sausage and Mash	Battered Fish or Fish Cake
Vegetarian	Vegetarian Cottage Pie	Vegetable Biryani	Quorn Roast and Yorkshire Pudding	Vegan Pasta Bake	Vegan Sausage or Veggie Burger
Side Dishes	Mixed Salad	Rice and Naan Bread	Mash Potatoes and Roast Potatoes	Homemade Tomato Bread	Chips or Potato Croquettes
Vegetable Options	Green Beans Broccoli	Kachumber Salad Sweetcorn Masala Turmeric Cauliflower	Peas Carrots	Roasted Root Vegetables	Mushy Peas Garden Peas
Pasta Option	Mac and Cheese	Tomato and Basil Pasta	Mac and Cheese Pasta	Tomato and Basil Pasta	Cheesy Broccoli Pasta
Sandwich Bread Option					
Hot Pudding with Custard	Peach and Ginger	Rice Pudding with Jam or Chocolate sauce	Apple Sponge	Chocolate and Coconut Sponge	Vanillia Sprinkle Sponge
Cold Pudding					

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Fresh jacket potatoes - cheese, beans or tuna mayo served with a side salad 🥔 Daily pudding choices - jelly, fresh fruit or yogurt

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Weekly Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef Burger	Hunters Chicken	Roast Turkey Dinner	Chilli Beef Tacos	Fish Fingers, Sausages or Fish cake
Vegetarian	Veggie Burger	Vegan Bolognese	Vegetable Pastry	Vegan Chilli Tacos	Vegan Sausage or Quorn Dippers
Side Dishes	Potato Wedges and Mixed Salad	Jacket Potato and Mixed Salad	Mash Potatoes and Roast Potatoes	Rainbow Rice	Chips or Potato Waffles
Vegetable Options	Coleslaw BBQ Beans	Green Beans Peas	Cabbage Carrots Peas	Mixed Salad or Mixed Greens	Mushy Peas Baked Beans Garden Peas
Pasta Option	Mac and Cheese	Tomato and Basil	Cheesy Pasta Bake	Tomato and Basil Pasta	Cheesy Broccoli Pasta
Sandwich Bread Option					
Hot Pudding with Custard	Marble Cake	Raspberry Ripple Cake	Peach Cobbler	Banana Loaf	Lemon Sponge
Cold Pudding					

Fresh salad bar and bread available daily 🥗 Fresh sandwiches - ham, cheese or tuna mayo on the above bread and served with a side salad
Fresh jacket potatoes - cheese, beans or tuna mayo served with a side salad 🥔 Daily pudding choices - jelly, fresh fruit or yogurt